

 Management System	Doc. No.: CP-02
Company Policy	Eff. Date: 15 Sep 2020
Health and Safety Policy	Rev. No: 13

The Company is committed to achieving the goal of a zero-incident workplace and to providing healthy and safe working conditions through the implementation of policies and procedures that fully comply with national and international regulations and relevant standards and guidelines.

The Company has established a Management System which is designed to:

- Uphold safe practices in ship operations to ensure that the work environment on board ships promotes occupational health and safety;
- Maintain a safe and healthy working environment;
- Prevent damage to the vessel, cargo and the environment;
- Assess identified risks to its vessels, personnel, and the environment and establish appropriate safeguards;
- Prevent loss of human life and personal injury;
- Seek continual improvement of the safety skills of personnel ashore and onboard ships;
- Plan for emergencies related both to safety and environmental protection.

The Company's operating practices are intended to:

- Maintain a management structure committed to, and accountable for, the prevention of work-related injuries and incidents through appropriate planning and promotion of high safety standards;
- Consistently meet all national and international rules and regulations governing the marine industry;
- Take into account applicable guidelines, standards, publications, notices and bulletins, issued by maritime organizations in creating a safe and healthy working environment;
- Continually monitor occupational health and safety aspects of the fleet as part of an overall commitment to excellence and the pursuit of an injury free work environment;
- Implement a Shipboard Occupational Health and Safety Program;
- Frequently inspect the fleet;
- Foster effective and open communications between ship and shore-based personnel to improve the Management System;
- Employ personnel with the required skills and experience supported by appropriate training and development;
- Provide adequate resources to effectively implement the Management System;
- Encourage the commitment of all employees towards high standards of health, safety and pollution prevention;
- Promote and foster a Stop Work Authority culture without fear of retribution;
- Provide necessary resources to implement the occupational health and safety program; and
- Protect the health of seafarers and provide prompt access to Medical Care on board and ashore when needed.

The Company recognizes that no task is so important for an employee to put himself at risk of injury or illness in order to get it done.

The Senior Management of the Company ensures that the Health and Safety Policy is maintained as documented information, communicated, understood and applied at all levels within the Company, both ashore and at sea, and that it is available to interested parties.

The DPA is designated by Senior Management to provide a link between the Company and those aboard to ensure the safe operation of each ship and to monitor the safety and pollution prevention aspects of the operation of each ship and ensure that adequate resources and shore-based support are applied, as required.

Samuel H. Norton
President